



বিদ্যাসাগর বিশ্ববিদ্যালয়
VIDYASAGAR UNIVERSITY

Question Paper

B.Sc. Honours Examinations 2022

(Under CBCS Pattern)

Semester - VI

Subject : NUTRITION

Paper : DSE 3 - T

Full Marks : 40

Time : 2 Hours

Candidates are required to give their answers in their own words as far as practicable.

The figures in the margin indicate full marks.

Geriatric Nutrition

Group-A

- A. Answer any **four** of the following questions : 5×4=20
1. How do you define aging? What are the psychological changes during aging? 2+3
 2. How does economic dependency affect geriatric care in India? 5
 3. What are the three main beliefs of REBT? How does it work? 3+2
 4. Write the role of different factors affect nutritional intake of elderly. 5
 5. What is the difference between geriatrics and gerontology? What are three common nutrition related problems in the elderly? 3+2
 6. What is demography? Write the mortality and morbidity rate of Indian geriatric persons. 1+4

Group-B

B. Answer any *two* of the following questions :

10×2=20

7. What is the main ethical dilemma regarding geriatric patients? What are the top five ethical issues in geriatric healthcare? What are some ethical challenges that could be encountered in caring for the geriatric population? 3+4+3
8. What is the average elderly dependency ratio? How do you calculate old dependency ratio? Why does Japan have a high elderly dependency ratio? 2+4+4
9. Discuss briefly about the nutritional requirement for elderly with constipation. Give a dietary guidelines for elderly suffering from neurological dysfunction. 5+5
10. What are the challenges faced by elderly? Discuss the roles of different governmental organizations and NGOs in the promotion of socio-economic status of elderly people. 3+7

OR

Paper : DSE 3T

Nutrition communication for Health promotion

Group-A

A. Answer any *four* of the following questions : 5×4=20

1. Write any four theoretical models for health behavior.
2. What are the communication materials?
3. Write the procedural guidelines for 'Field Testing of Communication Materials'.
4. What are the objectives of stakeholders in nutrition promotion?
5. Write down the significance of ethics in health communication.
6. What do you mean by capacity building? Mention its role in community nutrition intervention program.

Group-B

B. Answer any *two* of the following questions : 10×2=20

1. Illustrate the different national and international guidelines for nutrition promotion. Who are the stakeholders in nutrition promotion? 8+2
 2. What are the main objectives of communication for behavior change? Elaborate the training strategies which are evolved for the nutrition educators. 4+6
 3. Discuss about the nutrition education plan of India. What are the health promotion strategies? Write the role of social marketing that influence nutritional health promotion. 6+2+2
 4. What do you mean by 'Nutrition Advocacy'? Briefly discuss about the role of advocacy in nutrition policy formulation. Give an idea about the different theories of communication for assessing nutrition health promotion.
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OR

Paper : DSE-3T

Personal Management and Food Service Management

A. Answer any *four* of the following questions : 5×4=20

1. What is food service organization? Write the importance of organization. 2+3
2. Briefly write about the 2 types of food service organizations. 5
3. What do you mean by store room management? Write the objectives and function of store keeping. 2+3
4. Define performance appraisal. Write the duties and responsibilities of purchase manager. 2+3
5. Write about the technique of effective food service management. What are the techniques used for effective management? 2+3
6. Define the material management. Write the importance of material management. 2+3

B. Answer any *two* of the following questions : 10×2=20

7. Write about the need for specialized purchasing and storing. What do you mean by Apprentices Acts 1961? Briefly describe about payment act for Apprentices. 2+4+4
 8. Define inventory control. Write the types of inventory control. What are labor policies? Write the principles of labor policies. 2+3+2+3
 9. What are the importance of menu in food service unit? Write the role of sanitation and environmental safety in food service management. 4+(3+3)
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